

IPSC 101 - Introduction to USPSA/IPSC Competition

If you've ever thought you might like to try shooting an IPSC match, but felt intimidated by:

- Lack of experience in formal competition
- Lack of confidence in your marksmanship skills or your gun handling ability
- Fear of embarrassing yourself;
- Fear of the unknown;
- Or ladies – too many men/not enough women shooters

Fear no more, this is the clinic for you!

On Saturday May 2, 8:00 am to 4:00 pm we are having an “Introduction to USPSA” clinic, which will be held at Capital City Rifle and Pistol Club.

The clinic is going to be geared for both the beginner shooter who has at least basic pistol skills and those with experience in other shooting disciplines (IDPA, NRA Bulls eye, PPC, etc.) that have an interest in trying our exciting sport.

The classroom portion will cover:

- *Range Safety and Procedures
- *Equipment
- *Divisions & Classification System
- *Scoring
- *Courses of Fire

At the end of the classroom instruction we will go down to the pistol range for a practical review, plus we'll shoot an actual USPSA stage.

What to bring:

Eye and ear protection (Mandatory in our sport)

Handgun: Semi-Automatic or Revolver (minimum 9mm)

At least 2 magazines (3 - 4 would be better) or speed loaders/moon clips for revolver to provide at least 24 rounds.

About 50 - 75 rounds of ammunition.

Holster and magazine or speed loader holders (Not mandatory, but if you have 'em, bring 'em)

Notebook and writing utensil

Cost : \$15.00 – This includes the clinic, lunch, plus the fee for next Saturday's (5/9/15) match!

For more information contact:

Lee Cabana at 207 629 7353 or lee_cabana@mac.com